

## CURRICULUM VITAE

### **RUDY V. NYDEGGER Ph.D., ABPP**

#### **College Office**

*School of Management  
Union Graduate College  
80 Nott Terrace  
Schenectady, NY 12308  
Ph: 518-631-9894*

#### **Clinical/Consulting Office**

*1405 Fulton Avenue  
Schenectady, NY 12308  
Ph: 518-377-4398  
Fax: 518-384-3475  
nydegger@union.edu*

### **EDUCATION**

*National Science Foundation, Summer Course in Gerontology, Washington University, St. Louis, MO 1981.*

*Baylor Medical School, Houston, TX, 1970-72. Supervised Post-Doctoral Experience in Child and Adolescent Clinical Psychology.*

*John Cochran Hospital, St. Louis, MO 1968-69. Clinical Internship in Psychology.*

*Washington University, St. Louis, MO 1967-70. Ph.D. in Clinical Psychology.*

*Wichita State University, 1966-67. M.A. in Psychology with Emphasis on Clinical Psychology.*

*Wichita State University, 1962-66. B.A. (cum laude), with Departmental and University Honors in Psychology. Minor subjects: Sociology, Anthropology, and Chemistry.*

*Kansas State University, 1961-62. Chemistry Major.*

### **EMPLOYMENT EXPERIENCE**

*Chief, Division of Psychology, Ellis Hospital, Schenectady, NY, 1997-present.*

*President, Psychological and Management Resources; Clinical Psychology and Management Consulting Firm, 1984-present.*

*Instructor, Cornell University Institute of Industrial and Labor Relations, 1992-1996.*

*Professor of Management, School of Management, Union Graduate College, Schenectady, NY, 1986-present.*

*Professor of Psychology, Union College, Schenectady, NY, 1977-present.*

*Chairman, Department of Psychology, Union College, Schenectady, NY, 1978-1985.*

*Acting Dean of Students at Union College, Schenectady, NY, 1977-78.*

*Assistant Professor of Psychology, Union College, Schenectady, NY, 1977-78.*

*Child Psychologist in the Child Study Clinic, Texas Research Institute, Houston, TX, 1975-76.*

*Adjunct Assistant Professor of Psychology, University of Houston, 1974-76.*

*Child Psychologist at the Child and Adolescent Psychiatry Clinic, Texas Children's Hospital, Houston, TX, 1974-76.*

*Adjunct Assistant Professor of Obstetrics and Gynecology, Baylor College of Medicine, Houston, TX, 1973-76.*

*Adjunct Assistant Professor of Psychology, Department of Psychiatry, University of Texas College of Medicine at Houston, 1972-76.*

*Clinical Assistant Professor of Psychology, Department of Psychiatry, Baylor College of Medicine, Houston, TX, 1972-76.*

*Acting Head Child Psychologist, Child Psychologist, Child Study Clinic, Texas Research Institute, Houston, TX, 1971.*

*Child Psychologist at the Child Study Clinic, Texas Research Institute, Houston, TX, 1970-74.*

*Assistant Professor at Rice University, Houston, TX, 1970-76.*

*Post-Doctoral Clinical Psychologist, Baylor Medical School, Houston, TX, 1970-72.*

*Instructor in Psychology at Maryville College, St. Louis, MO, 1969-70.*

*Research Associate at the Child Development Research Center, Division of Child Psychiatry, Washington University School of Medicine, St. Louis, MO, 1968-69.*

## **AWARDS & HONORS**

*Second Prize in the Marion E. Bunch Creative Awards Contest for Outstanding Research in Psychology, Washington University, 1968.*

*Third Prize in the James McKeen Cattell Fund Award for Research in Psychology. Division of Consulting Psychology, American Psychological Association, 1968.*

*Member, Sigma Xi Honorary, 1970-present.*

*Invited Participant in the International Conference on Problems in Game Theory, Bielefeld, West Germany, 1974.*

*Honorable Mention Award for Research, New York Psychological Association, 1980.*

*President's Award for Education and Outreach Programs, National Hospice Organization, 1984.*

*Hans M. Rozendaal Award for Service and Leadership, Hospice of Schenectady, 1985.*

*Founder's Award, Community Hospice, 1996.*

*Member, Beta Gamma Sigma, Honorary Society for Business, 2001-present.*

*Best Paper Award, European Applied Business Research Conference, Rothenburg ob der Tauber, Germany, 2002.*

*Faculty Recognition Award, presented by the coaches and players of the Union College Football Team, 2002.*

*Invited Lecturer, First Annual Allan Geis, M.D. Memorial Lecture, Department of Pediatrics, Albany Medical College, Albany, NY, March, 2004.*

*Distinguished Psychologist, presented by the Psychological Association of Northeastern New York, 2005.*

*Distinguished Service Award, presented by the New York State Psychological Association, 2005.*

*The David Mitchell Award for Contributions to Academic Psychology, presented by the New York State Psychological Association, 2006.*

*Best Paper Award, Management Section, Southwest Academy of Management Annual Convention, San Diego, CA, April, 2006.*

*Invited Lecturer, Tolstoy State University Tula, Russia, October, 2008.*

*Invited Lecturer, Tula State Polytechnical University, Tula, Russia, October, 2008.*

*Best Paper Award, Management Section, International Business and Economic Research Conference, Las Vegas, October 2009.*

### **SCHOLARSHIP**

#### **Refereed Journal Articles, Books, & Chapters:**

*Nydegger, R., Nydegger, L., and Basile, F. (2011). Posttraumatic stress and coping among career professional firefighters. American Journal of Health Sciences, 2 (1), 11-20.*

*Nydegger, R. (2012). Dealing With Anxiety and Related Disorders. New York: Praeger.*

*Nydegger, R.V. Virtual organizational behavior. In T. Tuten (Ed.), Enterprise 2.0. New York: Praeger.*

*Nydegger, R.V., & Nydegger, L.A. (2010). Challenges in managing virtual teams. Journal of Business and Economic Research, 8 (3), 69-82.*

*Nydegger, R. V. (2009). Psychologists and hospice: Opportunities and needs. The Register Report, National Register of Health Service Providers in Psychology, Spring 2009.*

*Nydegger, R.V. (2008). Psychologists and hospice: Where we are and where we can be. Professional Psychology: Research and Practice, 39(4), 459-463.*

*Nydegger, R.V. (2008). Understanding depression: Ways to get hope and help. New York: Praeger.*

*Paludi, M., Nydegger, R.V., & Paludi, C. (2006). Violence in the workplace: A resource for employees and managers. New York: Praeger.*

*Paludi, M., Nydegger, R.V., DeSouza, E., Nydegger, L.A., & Dicker, K.A. (2006). International perspectives on sexual harassment of college students: The sounds of silence. Annals of the New York Academy of Science, 1087, 103-120.*

*Nydegger, R.V., Paludi, M., DeSouza, E., & Paludi, C. (2006). Incivility, sexual harassment, aggression, and violence in the workplace. In M. Haber (Ed.), Sexual harassment in the workplace. New York: Praeger.*

- Nydegger, R.V. (2006). Postpartum depression. In T. Plante (Ed.), *Mental disorders of the new millenium*. New York: Praeger.
- Nydegger, R.V., & Paludi, M. (2006). Obsessive-compulsive disorder. In T. Plante (Ed.), *Mental disorders of the new millenium*. New York: Praeger.
- Nydegger, R.V. (2004). Gender and mental health. In M. Paludi (Ed.), *The gender handbook*. New York: Praeger.
- McEvoy, B., Nydegger, R. V., & Williams, G. H. (2002). Factors related to keeping appointments in patients with acne vulgaris. *International Journal of Dermatology*, 42, 274-280.
- Nydegger, R. V. (2002). Stress and job satisfaction in white- and blue-collar workers. *International Business and Research Journal*, 1(12), 35-44.
- Kent, D. D., Arnold, D. F., Sr., & Nydegger, R. V. (2002). Effects of selected psychological characteristics upon choice shift patterns found within hierarchical groups of public accountants. *Psychological Reports*, 91, 85-104.
- Nydegger, R. V (2000). Violence, aggression, and passive-aggression in the workplace: Some causes and potential remedies. *Management Development Forum*, 3(1), 121-141.
- Bernardi, R. A., & Nydegger, R. V. (1999). Changes in distribution of mean scores on locus of control by staff status of public accounting. *Psychological Reports*, 85, 1081-1087.
- Nydegger, R. V. (April 2, 1990). Dealing with managerial peers. *Management Resource Guide*, Capital Business Review.
- Nydegger, R. V., Williams, G. H., Lipton, J. P., & Greenberg, S. N. (1983). The social psychology of programming teams. *USE, Inc. Technical Papers*, 717-736.
- Bashore, T. R., Nydegger, R. V., & Miller, H. (1982). Left visual field superiority in a vocal-naming task by both right- and left-handers. *Cortex*, 18, 245-256.
- Nydegger, R. V. (1980). The effects of information processing complexity and interpersonal cue availability on strategic play in a mixed-motive game. *Journal of Personality*, 48, 38-53.

- Nydegger, R. V. (1979). *The use of independently scaled utility functions in the experimental applications of game theory*. In V. Smith (Ed.), *Research in Experimental Economics 1*, (pp. 361-374), Greenwich, CT: JAI Press.
- Nydegger, R. V. (1977). *Independent utility scaling and the Nash bargaining model*. *Behavioral Science*, 22, 283-289.
- Nydegger, R. V., & Owen, G. (1977). *The norm of equity in a three-person majority game*. *Behavioral Science*, 22, 32-37.
- Monts, J. K., Zurcher, L. A., & Nydegger, R. V. (1977). *Interpersonal self-deception and personality correlates*. *Journal of Social Psychology*, 103, 91-99.
- Nydegger, R. V., & Owen, G. (1975). *Two-person bargaining: An experimental test of the Nash Axioms*. *International Journal of Game Theory*, 3, 239-249.
- Nydegger, R. V. (1975). *Leadership status in small groups: A rewards/cost analysis*. *Small Group Behavior*, 6, 353-367.
- Nydegger, R. V. (1975). *Information processing complexity and leadership status*. *Journal of Experimental Social Psychology*, 11, 317-328.
- Nydegger, R. V. (1973). *Information processing complexity and gaming behavior: The Prisoner's Dilemma*. *Behavioral Science*, 19, 204-210.
- Nydegger, R. V., & Brelsford, J. W. *Psychology Today films: An educational upper*. *Contemporary Psychology*, 17, 286-288.
- Nydegger, R. V. (1972). *The elimination of delusional and hallucinatory behavior by use of verbal conditioning and assertive training*. *Journal of Behavioral Therapy and Experimental Psychiatry* 17, 286-288.
- Nydegger, R. V. (1971). *Leadership status and verbal behavior in small groups as a function of schedule of reinforcement and level of information processing complexity*. *APA Proceedings*, 293-294.
- Leff, H. S., Nydegger, R. V., & Buck, M. (1970). *The effects of nurses' mode of dress on behavior of psychiatric patients differing information processing complexity*. *Journal of Consulting and Clinical Psychology*, 34, 72-73.

### **Works in Progress**

- Nydegger, R. *Intentional effort and motivation in profit- and not-for-profit organizations*. *Being prepared for submission*.

### **Other Journal Articles**

*Nydegger, R. V., & Halpern, S. (5 Sept., 1998). CE Questionnaire Results. NYSPA Notebook, X.*

*Nydegger, R. V. (1981). Psychological and psychiatric therapies: A brief introduction. Mental Health Association.*

*Nydegger, R. V. (1974). The devil you say: Demonic intrigue/audience response. Opera, April edition, 1-7.*

### **Presentations, Lectures, & Conference Papers**

*Dr. Nydegger has given more than 100 presentations to professional groups and conferences.*

### **Journal Referee and Editorial Board Activities**

*Consulting Editor, Management Development Forum, 1997-2006.*

*Consulting Editor, Journal of Personality and Social Psychology, 1977-1984.*

*Ad hoc reviewer, Journal of Clinical and Consulting Psychology, 1980-present.*

### **CONSULTING EXPERIENCE**

*Dr. Nydegger has provided consulting services in the private (e.g., General Electric, Unisys, Ford Motor Company); public (e.g., NY State Department of Parks and Recreation, NY State Office for Technology, Veteran's Administration Information Technology Services); medical; and educational organizations. He has consulted with dozens of organizations over the past decades.*

### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

*Board Certified in Clinical Psychology by the American Board of Professional Psychology, Diplomate.*

*Fellow, American Academy of Clinical Psychology.*

*Executive Board of the National Register of Health Service Providers in Psychology; Secretary of the Board; Member of Finance Committee; Member and Chair of Strategic Planning Task Force.*

*American Psychological Association, Member in Divisions of Clinical Psychology, Social Psychology, and Psychologists in Private Practice.*

*Member, New York State Psychological Association Chair of Continuing Education, 1998-2002; Member, Committee on Mandatory CE; President-Elect, 2002; President, 2003; Past-President, 2004; Chair, Program Committee, 2004-2006; State Advocacy Coordinator, 2005-2006; Chair, Legal & Legislative Committee, 2006-2008.*

*Member, Psychological Association of Northeastern New York; Vice President, 1997-98; President, 1998-99; Chair of Ethics Committee, 1999-2000.*

*Licensed and Certified as a Psychologist in New York*

*Certified by the National Register of Health Care Providers in Psychology, 1981-present.*

*Member, New York Academy of Sciences.*

*Member, New York State Board of Psychology, 1986-1991; Panel Member for Licensure and Disciplinary Hearings, 1986-1996.*

*Member, American Association of State Psychology Boards, 1986-1991.*

*National Hospice Organization, Member, Chair of Professional Liaison Committee (1986-1988).*

*New York State Hospice Association, Member, 1980-present.*

*Prescribing Psychologists Register, Charter Listed Member, 1999-present.*

*Professional member, New York State United Teachers.*

### ***SERVICE***

*Dr. Nydegger has decades of experience providing service in the community and in departments of colleges, hospitals, and universities.*

### ***MEDIA INVOLVEMENT***

*Dr. Nydegger is frequently interviewed and quoted by local TV (WRGB, WNYT, WXXA, News Channel 9, WMHT), and radio (81-WGY), and he has been a guest on many call-in and in-studio shows.*

*Dr. Nydegger is frequently interviewed and quoted by local newspapers (Albany Times Union; Daily Gazette).*



*Dr. Nydegger has been interviewed and quoted by many newspapers around the country including the Houston Chronicle and three times in the Wall Street Journal.*

*Dr. Nydegger has been interviewed and quoted several times by New York State Teacher.*